



## August 2025 Berkshire Community Rowing Newsletter

### President's Message:

There has been great participation for the morning master's coached rows with as many as 34 participants on the water some days. To get on the water faster, Coach Patrick Dent will post line-ups on CrewLAB before the morning rows and Loren will post them on a white board at the boathouse each morning. This way, participants will know what boat to get on the water and who their crewmates are. All members: Please remember that for safety, high-visibility shirts are now mandatory.

As you know, August is a transition month. Most of our coaches leave mid-month for school and other commitments, and we still need coaching. We have occasional Canyon Ranch guests to coach on Sunday mornings, and we have a few people signed up for August Learn to Row Intensive which meets Tuesdays, Thursdays, and Saturdays. Folks will also be looking for private lessons.

You don't have to be an expert sculler to coach. In fact, the closer you are to the beginner level the better in some ways. You know how to get a boat set up with oars, you know the basic stroke and safety basics. You know a lot more than any novice. Please consider helping your club to overcome the August coaching shortage. Try shadowing Connell McGrath, Randy Oberle, or other experienced coaches first. Contact [info@berkshirerowing.com](mailto:info@berkshirerowing.com) and pitch in on this volunteer opportunity.

### Quinsig Alternative – Onota Sprints: BCR Onota Lake Boathouse, August 2

Saturday August 2, 8:00 to 11:00am

Master and Juniors save money on the trailer cost. Sprints of all combinations. Register on [CrewLab](#).

### Waterfront Festival: August 16

Dan Brooks, former BCR president, is leading a Waterfront Festival. He's asked BCR to do a Learn to Row session from 9 am – 10:30 am at the boathouse. If five volunteers step up, it's a go. Contact Connell McGrath at [info@berkshirerowing.com](mailto:info@berkshirerowing.com)

### Regatta Results: Pineapple Regatta, Somerville MA, July 19

Daniel Bergstresser raced in two events at the Gentle Giant Rowing Club's Pineapple Regatta, held on the Mystic River in Somerville, Massachusetts on July 19. His podium finishes in two 500 meter sprint races at this event won him two cans of sliced pineapple. This is the first time that a rower competing for BCR has won canned fruit.

### Future Regatta: Rockrimmon, Springfield, MA, September 6

Saturday, September 6

Masters and Juniors. Sign up on [CrewLab](#)

### Intensive Learn to Row: August 2 – 30

Tuesdays, Thursdays, and Saturdays.

Please sign up on [https://www.regattacentral.com/clubs/?org\\_id=595](https://www.regattacentral.com/clubs/?org_id=595)

### Summer Social & Summer Coach Send Off:

Thursday, August 14<sup>th</sup>, 5:00pm - Location TBD

Contact Lyndsey Wadsworth ([lyndsey.wadsworth@gmail.com](mailto:lyndsey.wadsworth@gmail.com)) if you're interested in attending so she has a head count.

## Assistant Coaches:



- **Hailey Rumlow**



**Simon Socolow:** I'm a rising senior at Williams where I rowed my freshman and sophomore year. Last year I went abroad and rowed in the UK, where I took part in bumps racing!

- **Kyle Gwilt:** I used to row for Williams where I studied Computer Science and German. I've coached at BRASS for the past few summers.
- **Lily Clemens:** I'm a rising sophomore at Williams College. I walked onto the rowing team last fall and have loved learning about the sport. Outside of crew I like to run and bike.
- **Sofia Bove:** I've been Rowing since 8th grade and I am now a recruited Division 1 Rower at Lehigh University. I joined Berkshire Community Rowing to work on my sculling technique during the summer, since I mainly do sweep rowing in college. I also wanted to take advantage of their amazing racing shells on the beautiful Onota Lake!
- **Adam Pomerantz**

## Anniversary Committee: Celebrate 30 years at the end of August – stay tuned!

## Member in the News:



Longtime BCR Masters rower Linda Dulye, now in her 11th year with our club, recently returned from a standout performance at the 2025 USRowing Masters National Championship, earning two silver medals while racing with her second club, Sarasota County Rowing Club (SCRC).

Known for her disciplined training both on and off the water, Linda joined her SCRC crewmates in battling choppy conditions and fierce competition at the four-day regatta held on Ford Lake in Ypsilanti, MI. She powered to the finish line for second place among 8 boats in both the Women's G 4x (with Rachel Haines Bowman, Gina Laiose Weiner, and Ellen Knapp) and the Mixed H

4x (with Karen Fung Dante, Thomas Edwards, and Joe Dobson).

Despite high winds canceling her Women's G lightweight 4x event on opening day, Linda remained focused and motivated for the Women's G Lightweight 2X and Mixed G Lightweight 2X races—placing 4th out of 8 in both.

Widely considered one of the most competitive Nationals yet, the regatta marked a milestone for SCRC. Every one of its athletes medaled, and the club capped off the event by winning the prestigious 2025 USRowing Masters National Efficiency Trophy, awarded to the club with the highest average points per athlete—a true testament to SCRC's strength, strategy, and spirit.

Adding to the spectacle, SCRC made a memorable arrival at the venue, hauling 20 boats from its Osprey, FL boatyard on a trailer that turned heads for its impressive size.

Reflecting on her experience, Linda shared:

*"The pride and accomplishment I feel—combined with the insights gained from my first USRowing Masters Nationals—will continue to inspire me to raise my performance bar. Medaling at Nationals was a major bucket list item achieved!"*

Congratulations to Linda and all the SCRC competitors on an outstanding Nationals showing!

**BRASS Merchandise:**

The club needs a person to inventory the bin of shirts, hats and a few splash jackets and set-up a pricing list to sell to club members. Get a free hat and shirt for your service. Please contact Melissa Greenlaw, [greenlawmelissa5@gmail.com](mailto:greenlawmelissa5@gmail.com) if you can help with this project, thanks.

**Photo Contest:**

Submit your best pictures or videos or a quick story of what happened on your row celebrating BCR, and you'll win a prize. Submissions due by August 20<sup>th</sup> [news@berkshirerowing.com](mailto:news@berkshirerowing.com)

**Come Row with Us!** [info@berkshirerowing.com](mailto:info@berkshirerowing.com)